

# Standing Orders

## CHILDS NAME

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### HEADACHES/FEVER/PAIN

Tylenol 10-15mg/kg weight Every 4-6 hours as needed

Ibuprofen 5-10 mg/kg weight Every 6-8 hours as needed

### COLD/COUGH REMEDIES

Sudafed 6-12yrs=30 mg Every 6-8 hours as needed  
>12 yrs=60 mg

Robitussin Dm 6-12 yrs=1 tsp Every 4 hours as needed  
>12 yrs=2 tsp

Dimetapp (Improved) 6-12 yrs=2 chew/1 tsp Every 4 hours as needed

Cepacol Lozenges >6 yrs=1 Lozenge Every 2 hours as needed

Cepacol Spray 2-12yrs=2-3 sprays 4x daily as needed

### ALLERGIC REACTION/ALLERGIES

Benadryl 6-12yrs=25mg Every 4-6 hours as needed  
>12yrs=25-50mg

### STOMACH UPSET

Mylanta/Maalox as directed As needed after meals

Immodium AD 6-11yrs=1 tablet For Diarrhea  
>11 yrs=2 tablet

Tums or equivalent 2 chewables As needed

Milk of magnesia 1Tbsp As needed/constipation

### MOTION SICKNESS

Dramamine 6-12 yrs=1/2-1 tablet Every 6-8 hours as needed  
>12 yrs=1-2 tablets

### EYE IRRITATION

Visine 1-2 drops to affected eye 4x daily as needed

### SWIMMERS EAR

Swim Ear gtts. As directed

In addition to these medications, the nurses at CampTioga may use any one of these over the counter topicals: Caladryl, Benadryl cream, Neosporin/Bacitracin ointment, hydrogen peroxide, Vaseline, Hydrocortisone cream, Tinactin or Lotrimin, and mineral ice muscle rub as needed for minor complaints.

I have reviewed these orders and accepted them. Any exclusion will have a line crossed through it and be initialed by the physician.

**Physician's signature** - \_\_\_\_\_

**Parent's signature** - \_\_\_\_\_